

## ALTON PARKS AND RECREATION © CANOE/KAYAK RACE © REGISTRATION FORM JUNE 27, 2010



10:00AM, RIVER RUN DELI PARKING LOT, RTE. 28, ALTON

| Participant's Name(s):   |
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| Mailing Address:  Phone:  CATEGORY: (See Reverse- Circle One) A B C D E F G H I J K L M N O P T-Shirt Size(s): We need to receive your form by June 11 to receive a shirt  |
| WAIVER AND RELEASE OF LIABILITY  |
| Please read and sign below  Participation in the Alton Canoe/Kayak Race may involve risk of injury including but not limited to sprains, strains, pulled muscles, eye and head injuries, water contact and broken limbs. I understand the course will require me to portage and carry my canoe/kayak at two possible locations for a distance of approximately 500 feet. As a participant by signing this form I attest and verify that I have full knowledge of the risks involved and that I am physically fit to participate in the Canoe/Kayak Race. I also verify that I have been instructed to wear a life jacket. If I do not wear the life jacket I do so at my own risk and by my own free will. |
| In consideration for my participation in the Canoe/Kayak Race, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims against the Town of Alton, Alton Parks and Recreation Department, its officers, agents, employees and volunteers, except in the case of their sole negligence, from all losses, injury, damages, fees and other expenses, arising out of or in connection with participation in the Canoe/Kayak Race. Date:  Signature (Parents please sign for children under 18) Print Name  1  |
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